

When I worry...



Petal

A Storybird
When I worry...

By

Petal

Illustrated by

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I take deep breaths.



I talk with my mother.



I jump rope.



I listen to music.



I play my piano.



I smell the flowers.



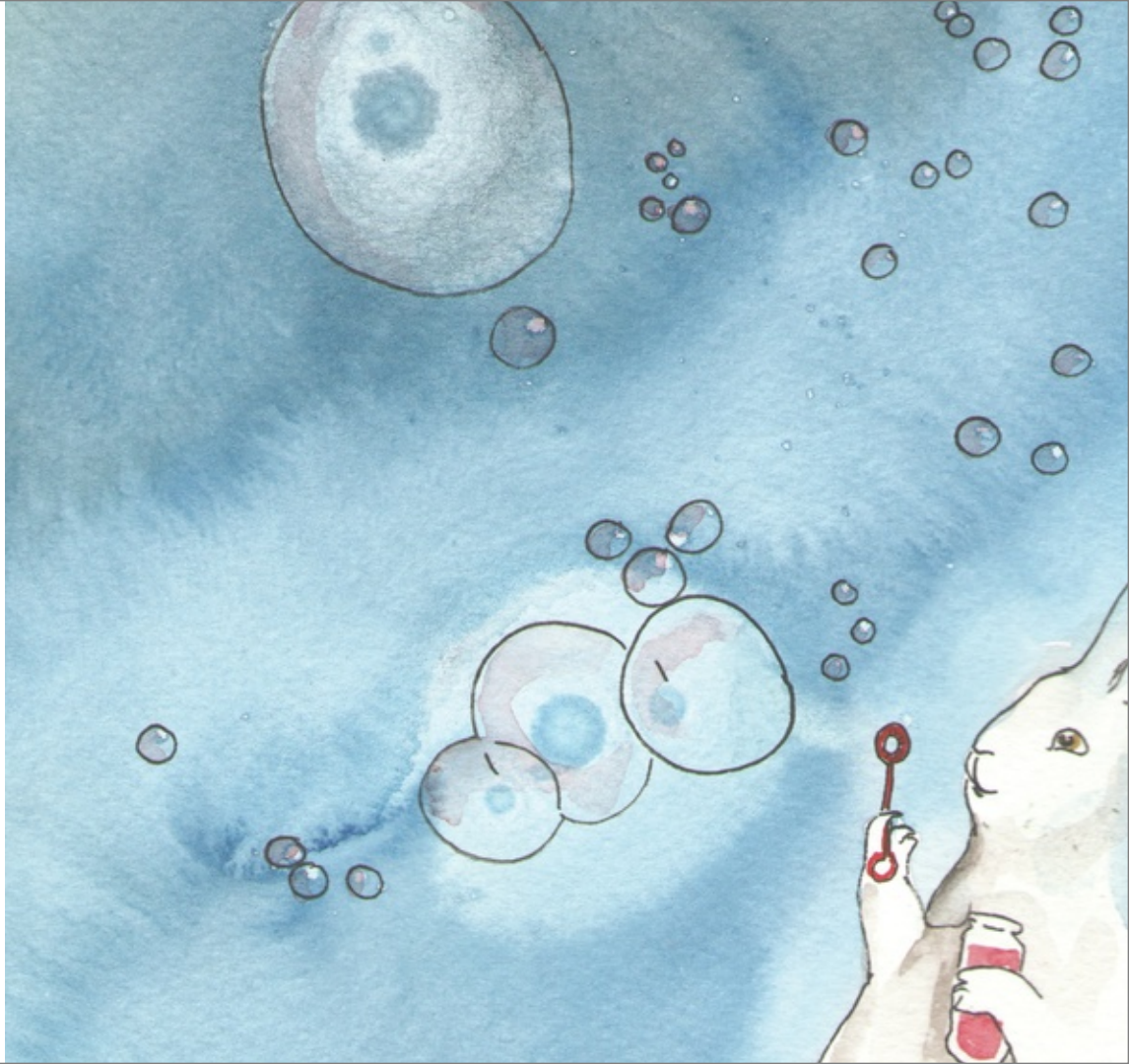
I go for a walk.



I play with a friend.



I blow it away.



Tomorrow will be a
better day.





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